Easter Seals is on Lookout for the Next Karate Kid

HOUSTON (June 13, 2019) Summer has kicked off and Easter Seals Greater Houston is starting it in the best of ways, summer camp! Camp Buckaroo is a week-long day camp for children with disabilities ages 6-14 and their siblings to attend together. Volunteers work one on one with a camper and act as their buddy all week at camp developing a strong bond! Each day has a different theme like "A Day At The Beach" or "Safari" and all sports, music, crafts, and group games are geared towards the theme for the day.

This week at Camp Buckaroo session held at St. John the Divine, the kids tested their skills with a fun filled day of adapted karate. The campers were challenged to learn new moves and even break a few boards. These lessons help children learn balance and self-control through various drills while having fun. However, ESGH has more than one opportunity for children with disabilities to learn the skills of karate. For the ones that are not able to make it to a session on Camp Buckaroo they host a Karate playgroup on the second and fourth Tuesday of the month. The play group focuses on using a goal setting martial arts curriculum, participants gain confidence through repetition, guidance, and praise. Karate is open to people with disabilities and siblings ages 6 to 18 years old.

Easter Seals Greater Houston offers several different sessions of Camp Buckaroo throughout the greater Houston area so that parents can easily access. Their camps are barrier-free and designed to be accessible to everyone. A camp experience increases skills and enhances self-confidence while giving families much needed respite from the hard work and responsibility they face every day. Additionally, these activities provide an opportunity to learn to problem-solve, make social adjustments to new and different people, learn responsibility, and gain new skills to increase self-esteem.

Remaining sessions of Camp Buckaroo include, June 17-21 at Woodlands-Grace Crossing Church, July 15-19 at Houston-St. John the Divine, July 22-26 at Sugarland-Sugar Creek Baptist Church. Themes start with Monday being Hollywood day, Tuesday Safari, Wacky Wednesday, Wild West Thursday and finish with Friday Fun Day. ESGH wants to know if you have what it takes to be the next karate kid?

About Easter Seals Greater Houston

Easter Seals Greater Houston, Inc., a United Way Agency, is a non-profit corporation established to provide comprehensive services to individuals of all ages with all types of disabilities and veterans as well as their families. As the only local organization providing a broad range of comprehensive services to individuals and families affected by disabilities, Easter Seals of Greater Houston operates: Early Childhood Intervention; Respite Services; Toy/Tech & Play Groups including BridgingApps™; High School/High Tech; Home of Your Own; Therapy Services; The Caroline School; Camps and Case Management; Transition Services; Adult Services, and Veterans Services. For more information about Easter Seals Greater Houston, visit www.eastersealshouston.org or visit us on Facebook and Twitter (@eastersealshou).